



## Larchmont Avenue Church

60 Forest Park Avenue  
Larchmont, New York 10538  
(914) 834-1800

# March 22, 2026

## Fifth Sunday of Lent

Senior Pastor: Rev. Dr. Peter Bynum  
Associate Pastor: Rev. Anna Grace Claunch  
Director of Music: Douglas Kostner





**OLD TESTAMENT READING** Psalm 130 (ESV)

**CHILDREN'S MESSAGE**

**ANTHEM** "I Know that My Redeemer Lives" Dan Forrest  
*Ben Wien & Douglas Kostner, piano*

*I know that my Redeemer lives, glory, hallelujah!  
What comfort this sweet sentence gives, glory, hallelujah!  
Shout on, press on, we're gaining ground, glory, hallelujah!  
The dead's alive and the lost is found, glory, hallelujah!*

*He lives to bless me with his love, glory, hallelujah!  
He lives to plead my cause above, glory, hallelujah!  
Shout on, pray on, we're gaining ground, glory, hallelujah!  
The dead's alive and the lost is found, glory, hallelujah!*

*He live to crush the fiends of hell, glory, hallelujah!  
He lives, and doth within me dwell, glory, hallelujah!  
Shout on, pray on, we're gaining ground, glory, hallelujah!  
The dead's alive and the lost is found, glory, hallelujah!*

**NEW TESTAMENT READING** Romans 8:5-11

**SERMON** "A Lenten Journey Through Romans: Flesh and Spirit"  
Rev. Dr. Peter Bynum

**CONGREGATIONAL RESPONSE HYMN #291** (verse 1, refrain)

*Spirit, Spirit of gentleness, blow through the wilderness  
calling and free. Spirit, Spirit of restlessness,  
stir me from placidness, wind, wind on the sea.  
You moved on the waters, you called to the deep,  
then you coaxed up the mountains from the valleys of sleep;  
and over the eons you called to each thing,  
"Awake from your slumbers and rise on your wings."  
Spirit, Spirit of gentleness, blow through the wilderness  
calling and free. Spirit, Spirit of restlessness,  
stir me from placidness, wind, wind on the sea.*

## PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.**

## THE GREAT AMEN *(congregation singing)*

*Amen. Amen. Amen. Hosanna in the highest!  
Hosanna in the highest! Hosanna in the highest!*

## INVITATION TO OFFERING

*Financial gifts may be shared electronically via the Realm Connect app or by scanning the QR code to the right. Additional pledge cards are available at the Usher Station at the rear of the sanctuary.*



## OFFERTORY

“Give Me Jesus”

Arr. John Carter

*Ben Wien & Douglas Kostner, piano*

## \*DOXOLOGY #607

*Praise God, from whom all blessings flow;  
Praise Christ, all people here below;  
Praise Holy Spirit evermore;  
Praise Triune God whom we adore. Amen.*

## \*PRAYER OF DEDICATION

## \*CLOSING HYMN #279 “Come, Holy Spirit, Heavenly Dove”

## \*BENEDICTION

Rev. Bynum

## POSTLUDE

“When the Roll Is Called Up Yonder”

*Ben Wien & Douglas Kostner, piano*

Arr. John Carter

*NOTE: You are welcome to stay and listen to the Postlude,  
but there is no expectation that you remain seated.  
Feel free to get up and greet your neighbors.*

*\*Please stand if you are able*

# Spirit of God, Descend upon My Heart 688

1 Spir - it of God, de - scend up - on my heart;  
 2 I ask no dream, no proph - et ec - sta - sies,  
 3 Hast thou not bid us love thee, God and King;  
 4 Teach me to feel that thou art al - ways nigh.  
 5 Teach me to love thee as thine an - gels love,

wean it from earth; through all its puls - es move;  
 no sud - den rend - ing of the veil of clay,  
 all, all thine own, soul, heart, and strength, and mind?  
 Teach me the strug - gles of the soul to bear,  
 one ho - ly pas - sion fill - ing all my frame;

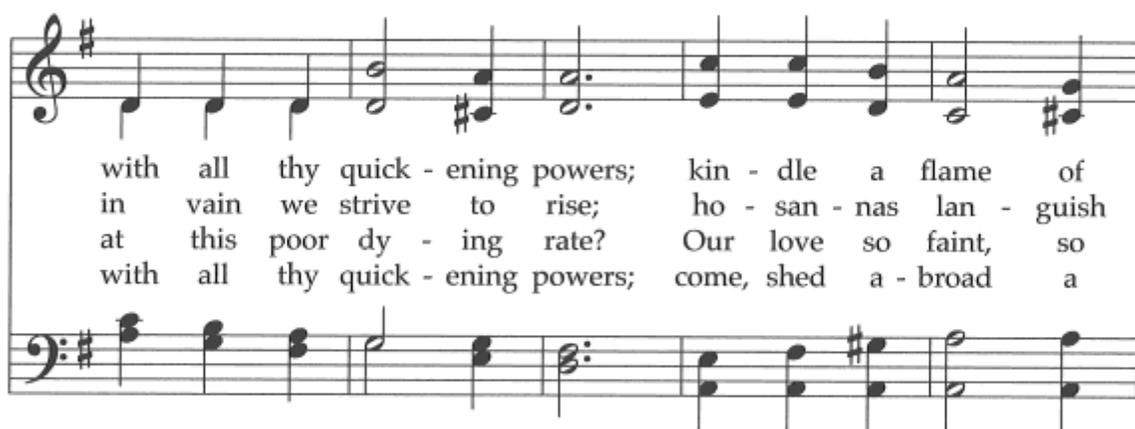
stoop to my weak - ness, might - y as thou art,  
 no an - gel vis - i - tant, no o - pening skies;  
 I see thy cross; there teach my heart to cling.  
 to check the ris - ing doubt, the reb - el sigh.  
 the bap - tism of the heaven - de - scend - ed Dove,

and make me love thee as I ought to love.  
 but take the dim - ness of my soul a - way.  
 O let me seek thee, and O let me find!  
 Teach me the pa - tience of un - an - swered prayer.  
 my heart an al - tar, and thy love the flame.

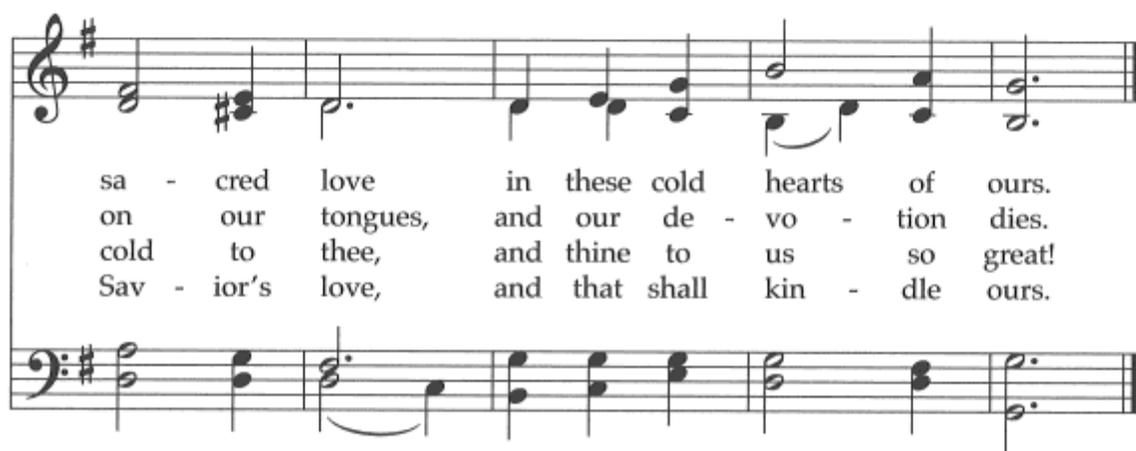
# Come, Holy Spirit, Heavenly Dove 279



1 Come, Ho - ly Spir - it, heaven - ly Dove,  
2 In vain we tune our for - mal songs;  
3 Dear Lord, and shall we ev - er live  
4 Come, Ho - ly Spir - it, heaven - ly Dove,



with all thy quick - ening powers; kin - dle a flame of  
in vain we strive to rise; ho - san - nas lan - guish  
at this poor dy - ing rate? Our love so faint, so  
with all thy quick - ening powers; come, shed a - broad a



sa - cred love in these cold hearts of ours.  
on our tongues, and our de - vo - tion dies.  
cold to thee, and thine to us so great!  
Sav - ior's love, and that shall kin - dle ours.

# Announcements & Happenings

## PRAYERS

Do you have a prayer request to share?  
Call our prayer line (914) 834-1800,  
ext. 342.

## FLOWERS

Scan this QR code to  
sponsor sanctuary  
flowers for an upcoming  
Sunday:



## CHRISTIAN EDUCATION

- Sunday School meets today after the Children's Message in the Carhart Room.
- Little ones are welcome in worship, but a **nursery** for infants & toddlers is also available in Room 114. Ask an usher for directions.

## FELLOWSHIP

- **SEEKERS** – 3/26 at 7 pm -- “Heart Safe Communities: Inspiring Youth Sports through Readiness”
- Join us for Coffee Hour in Russell Hall immediately following the service!

## MUSIC

Chancel Choir -- Wednesdays at  
7:30 PM. No auditions needed; all  
are welcome (HS to adults).  
Contact: [dkostner@lacny.org](mailto:dkostner@lacny.org).

## SERVICE

Rummage Sale  
April 18-25, 2026

## TO MAKE YOUR EASTER MEMORIAL FLOWER DONATION

scan the code to the right, choose “Easter Memorial Flowers”  
in the dropdown menu, and please specify memorial  
language in the memo line.



## THIS WEEK AT LAC

### SUNDAY, MARCH 22

10:00 am Worship (Sanctuary/Online)  
10:20 am Sunday School (Carhart)  
11:00 am Coffee Hour (Russell)

### MONDAY, MARCH 23

6:00 pm Larch.-Mamar. Youth Orch  
(Russell, Chapel, 202)  
7:00 pm Session (Library)

### WEDNESDAY, MARCH 25

11:00 am Staff Meeting (Lindsley)  
5:00 pm Youth Group – 5<sup>th</sup> to 7<sup>th</sup> grades  
6:15 pm Youth Group – 8<sup>th</sup> to 12<sup>th</sup> grades  
7:00 pm Larchmont Symphonia (Chapel)  
7:30 pm Chancel Choir (Russell Hall)

### THURSDAY, MARCH 26

4:00 pm WC Chorus Rehearsal (Russell Hall)  
7:00 pm SEEKERS (Russell Hall)  
7:15 pm AA (Carhart)

## CONNECT WITH US

Visit: [www.lacny.org](http://www.lacny.org)

Senior Pastor : Rev. Dr. Peter Bynum  
(pbynum@lacny.org, 914-834-1800 ext. 308)  
Associate Pastor : Rev. Anna Grace Claunch  
(agclaunch@lacny.org, 914-834-1800 ext. 303)



Update your Realm, today. Use the pew card & drop into the offering or at the back of the church or scan the QR code. Problems? contact broodal@lacny.org.

As an Earth Care Congregation, we ask you to please recycle your bulletin. Thank you!





# SEEKERS

Explore. Discover. Connect.

**Thursday, MAR. 26, 2026  
@ 7 PM**

**HEART SAFE COMMUNITIES:  
EMPOWERING YOUTH SPORTS  
THROUGH READINESS**

With a focus on the health of young athletes, this community conversation is designed for *parents, coaches, educators & caregivers*. Learn how to be AED ready, recognize risks, ask the right questions, and advocate for health and safety.

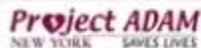
## Meet The SPEAKERS



**Amy Torigian  
Parise**  
CoFounder &  
President



**Kyle Nolan, Board  
Member**



**Dr. Supriya S.  
Jain, MD,  
FSCMR, FACC,  
FAAP**

New York Medical  
College  
pediatric cardiology



**Lt. Alex Rapp**

Town of  
Mamaroneck/ Village  
of Larchmont  
Volunteer Ambulance  
Corps (LVAC)

**Moderator: Deacon Chris Templeman**



REGISTER & LEARN MORE  
[lacny.org/seekers](http://lacny.org/seekers)

All are Welcome.  
**ADMISSION IS FREE**

# WORSHIP WITH US...

## HOLY WEEK 2026

### **29 March Palm Sunday**

SANCTUARY • 10:00 AM

Begin Holy Week with prayer, palm fronds, and triumphant music.

### **02 April Maundy Thursday**

RUSSELL HALL • 7:00 PM

Join us to celebrate the communion meal in a personal and intimate table setting, just as the apostles would have done.

### **03 April Good Friday**

SANCTUARY • 12 NOON

Ponder the power, pain, and mystery of the crucifixion through music and song.

### **05 April Easter Sunday**

SUNRISE AT MANOR PARK • 6:30 AM

Join neighbors and friends for our annual Ecumenical Service in Manor Park.

SANCTUARY • 9:00 AM & 11:00 AM

Celebrate the empty tomb and partake in the Lord's Supper on the holiest Sunday of the year.



... All are  
Welcome



On Thursday and Friday of Holy Week, the sanctuary of Larchmont Avenue Church will be open for prayer and quiet reflection.

### Maundy Thursday

April 2 11 am - 2 pm

### Open Sanctuary during Holy Week

### Good Friday

April 3 12:30 pm - 3 pm



# Easter SUNRISE SERVICE

Larchmont Avenue Church  
St. John's Episcopal Church  
Trinity Westchester

## 6:30 am

April 5, 2026  
Manor Park

After the service, join us at  
Horseshoe Harbor Yacht Club for  
warm waffles, coffee, and  
fellowship!!



## HELP US ADORN THE FLOWER CROSS

On Easter morning, we invite you to bring cut flowers or greenery from home and add them to the wooden cross on Larchmont Avenue.

Help us share our Easter joy with our neighbors!

